



Catholic Charities NJ Hope and Healing March 2021 Virtual Calendar

For more information or to receive crisis counseling services pertaining to COVID-19, call 732-204-6510 or email at hopeandhealing@ccdom.org

CLICK LINK TO REGISTER or dial in at 1 929 205 6099

Mondays

- March 1st - 11 am Movement Monday in English & Spanish Meeting ID 999 1501 3841
https://zoom.us/meeting/register/tJ0kduyorzqiHtWE-Iw-v790-azH8Sj_9HZX
- March 1st, 8th, 15th, 22nd, 29th - 12p Meditation Monday in English & Spanish Meeting ID 944 0185 2214
<https://zoom.us/meeting/register/tJApd-igqzkoG9A-uxBn9xCehw3uxtMwC3H>
- March 8th Meditation Monday - 5 pm in English & Spanish Meeting ID 994 9319 9554
https://zoom.us/meeting/register/tJ0pfuqppzIvH9DOxdTe2lvX_YLiRj8bSkkQ
- March 15th, 22nd & 29th - 4 pm Penelope The Powerful Parrot: Coping skills Meeting ID
https://zoom.us/meeting/register/tJMof-uupzotHtdE4Qr8fKxzVN3yasVmI_JT
- March 15th & 29th - 11am Meditation Monday English & Spanish Meeting ID 932 3637 5436
<https://zoom.us/meeting/register/tJcvdO-rqT4uGdLTKGi7-yuPOYT0ThKH3lwb>
- March 22nd Movement Monday - 5 pm English & Spanish Meeting ID 958 5554 4195
<https://zoom.us/meeting/register/tJEIcuytqj8rE9HZqQE9S2WBnXGOh1r3vMhe>

Tuesdays

- March 2nd, 9th, 16th, 23rd, 30th - 4 pm Tipster Tuesday Meeting ID 940 3740 5944
https://zoom.us/meeting/register/tJAtdO6srj4jHtDQw_zgyd9iKkORFC5EhFTy
- March 2nd, 9th, 16th, 23rd, 30th - 3:30 pm Health and Wellness Meeting ID 938 1353 7211
<https://zoom.us/meeting/register/tJclduqtrTwoG9VKWU8KI2CprHq57XXGrdtm>

Wednesdays

- March 3rd, 10th, 17th, 24th, 31st - 4 pm Crafts for Kids Meeting ID 922 5150 9968
<https://zoom.us/meeting/register/tJYvuitrjIjHNz3nygX6l4Ht83PywTpZeOt>
- March 10th Spanish session - 7 pm Cultivando el Alma Meeting ID 970 2429 6349
<https://zoom.us/meeting/register/tJMtde2qpzOpHt1NErB2sRrCJS7w4A6reRvG>
- March 17th - 7 pm Spanish session Cultivando el Alma Meeting ID 918 9652 5007
<https://zoom.us/meeting/register/tJUlfu-trD4qGtPAA3R1aIGibYzv2XOA8MqO>

Thursdays

- March 4th - 4 pm Family Self-Care in English & Spanish Meeting ID 967 4725 6242
<https://zoom.us/meeting/register/tJIqc-6qqz0oHta4dVf0jurgRVFj5lFk3m0O>
- March 4th, 11th, 18th, 25th - 12 pm Self-Care in English & Spanish Meeting ID 979 9483 2550
https://zoom.us/meeting/register/tJMkfu2qrTkvH9R-ed4CjzcxRLE3Et8_yIMo
- March 4th, 11th, 18th, 25th - 10 am Thankfulness Thursdays: Expressing Gratitude Meeting ID 965 9506 9643
<https://zoom.us/meeting/register/tJIofuyoqDIshHtcFIWz7ZhObx71m8qJ00pf->
- March 11th - 11:30 am Coffee Club in English & Spanish Meeting ID 941 1873 8458
<https://zoom.us/meeting/register/tJAsduGvrTMuH9yhvmTRsTymE5lB5cCYHq6z>
- March 11th & 25th - 9:30 am The Golden Hour-Senior Support Group Meeting ID: 961 9918 0869 Passcode: 452033
<https://zoom.us/j/96199180869?pwd=cnJVMFJhWXJPSXRdcUJ5KzQ4dGR2QT09> or by phone 1.929.436 2866 (NY)
- March 18th - 11 am Stretching Meeting ID 931 7419 3138
<https://zoom.us/meeting/register/tJcscO2ppzgrGdw82RB6UYmYqfyfNa66mo4D>
- March 25th - 4 pm Sing-a-Long Meeting ID 946 2101 2065
<https://zoom.us/meeting/register/tJArdeiorzkqHNGdqCQ5UJaqEKpB5qsCCnOW>

Fridays

- March 5th Pictionary; March 12th Family Bingo; March 19th Family Feud; March 26th Trivia - 4:30 pm Meeting ID 931 8473 2287 <https://zoom.us/meeting/register/tJcsf-2vrTkoEtNoNEzytnw40xdgGuJYdRSy>

Saturday

- March 13th - 10:30 am Family Fun Day Meeting ID 970 8964 6546
<https://zoom.us/meeting/register/tJMtf-Cuqj0vHtJ7XlpqeQl1aXiDOukOqxc9>