



Winter 2021

Department of Parks and Recreation

SENIOR CITIZENS (50 Years and older)

Emergency Preparation

This one-day seminar in conjunction with the Emergency Management of Union County will educate Linden senior citizens on evacuations, fires, floods, and horrific storms during a pandemic. The discussion of topics are centered overall on how to prepare individuals and their pets in case Mother Nature emergencies. Storms such as Katrina and Sandy caught us off guard; let's be prepared for any possible storm in the future!

1 week

Thu Dec 10 1:00pm

Program Fee FREE

Site: Zoom Virtual

NEW! Glass Votive Vase

Enjoy creating a glass votive vase patterned from a paper napkin. Finish with glitter, jewels and ribbon.

Wed Jan 13 10:00am

Program Fee FREE

Site: TV 36/42

Kit Pickup Curbside: Wednesday, Jan. 6 from 9:00am to 4:00pm

NEW! Scented Soap Room Freshener

Scented soap room freshener using a bar of soap. Decorate with tools, pearls, ribbons and roses.

Wed Jan 27 10:00am

Program Fee FREE

Site: TV 36/42

Kit Pickup Curbside: Wednesday, Jan. 20 from 9:00am to 4:00pm

Steps to A Healthy Heart

This free program focuses on preventive ways of promoting and maintain a healthy heart. An outline of heart healthy foods will also be discussed to ensure good heart health.

1 week

Mon Feb 22 12:45pm

Program Fee FREE

Site: TV 36/42

Kit Pickup Curbside: Tuesday, Feb. 16 from 9:00am to 4:00pm

NEW! The Legacy of New Jersey's Woodrow Wilson: Good & Bad

Woodrow Wilson was the 13th President of The United States, Governor of New Jersey, and President of Princeton University. Historians generally recognize Wilson as one of our greatest Presidents in terms of domestic reforms and global leadership. However, Princeton University students and faculty have challenged his legacy and recognition on campus, primarily due to his record on matters of race. Our discussion will review both aspects of his record and whether it was appropriate to remove references to him at the University. This is an issue being debated around the country concerning other public figures.

1 week

Mon Feb. 1 1:00-2:30pm

Program Fee FREE

Site: TV36/42

1 www.linden-nj.org/Departments/recreation | 908-474-8600

Another quality program offered by the Department of Parks and Recreation

WE RECOMMEND THAT YOU REGISTER AT LEAST ONE WEEK IN ADVANCE OF THE CLASS START DATE



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NEW! Amending the US Constitution

The Founding Fathers, recognizing the potential need to change the Constitution in the future to adjust to changing circumstances, provided a process to amend the document, involving Congress and The States. We review the amendment process and the 27 amendments that have been ratified. We also look at amendments that were approved by Congress but never ratified by the proper number of States. Some amendments are still pending. We call the first ten amendments The Bill of Rights. Although ten were approved and ratified, Congress considered 22 amendments before settling on the final ten.

1 week

Mon Feb. 8 1:00-2:30pm

Program Fee FREE

Site: TV36/42

NEW! The Historic US Presidential Election of 1864: Re-Electing Abraham Lincoln

President Lincoln ran for re-election in 1864 during The Civil War. His opponent was a former Union General who favored a negotiated settlement with the south. There was some support for the general's position from a war weary country. Lincoln used some interesting strategies for running for re-election while successfully managing the conduct of the Civil War. We discuss how Lincoln achieved these two objectives under unusual circumstances.

1 week

Mon Feb. 22 1:00-2:30pm

Program Fee FREE

Site: TV36/42

NEW! Why is Our Country So Politically Divided?

What is the cause of today's toxic political dialogue? Will the history of our political parties provide us with some insight to this historical development? Has our country faced this problem before in our history? Is there something we can do about it?

1 week

Mon Mar. 1 1:00-2:30pm

Program Fee FREE

Site: TV36/42

NEW! Federal Reserve System & its Effect on the US Economy

The Federal Reserve System was created in 1913 during the Presidency of Woodrow Wilson. It was a long-awaited reform following the economic dislocation of the debate over a national bank and the lack of regulation of financial institutions. Since its creation, The Federal Reserve has moved beyond its regulation responsibilities and has used its powers to manage inflation & economic growth. There is a continuing debate about how active The Federal Reserve should be in managing the economy.

1 week

Mon Mar. 8 1:00-2:30pm

Program Fee FREE

Site: TV36/42



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NEW! The Gold Standard and the US Economy

The First US Treasury Secretary, Alexander Hamilton, had a vision of a British Style Economy with a gold standard, a national bank, a uniform currency and federal regulation of the banking system. Eventually his vision was realized, although not during his lifetime. President Richard Nixon abandoned the gold standard. Periodically support has been expressed to go back to the gold standard. Would this be a good Idea?

1 week

Mon Mar. 15 1:00-2:30pm

Program Fee FREE

Site: TV36/42

NEW! Money & Politics

Since the early days of our country, raising & spending money to get elected has been an important part of our political environment. We trace the historical development of money & politics, including a dramatic change brought about by a recent Supreme Court decision.

1 week

Mon Mar. 22 1:00-2:30pm

Program Fee FREE

Site: TV36/42

NEW! The American Debt Crisis

The United States is experiencing a dramatic increase in public & private debt when compared to our Gross National Product and the rest of the world. What has created this situation? How does it affect our economy? What can we do about it?

1 week

Mon Mar. 29 1:00-2:30pm

Program Fee FREE

Site: TV36/42