

Senior Citizen Recreation Services, Activities & Programs Services

Senior Citizen Identification Card Program

Any Linden resident 50 years of age or older may register for a Senior Citizen I.D. Card. The card serves as identification and is used for the City of Linden Merchant Discount Program. Cards are issued at the John T. Gregorio Recreation Center, 330 Helen St., Monday through Friday from 9:00 am to 3:00 pm. Please bring with you: Proof of Residency, Age and Your Social Security card. For further information, please call 908-474-8627.

Bus Transportation

A senior citizen bus is operating on a published schedule five days a week, Monday through Friday, to take seniors shopping. Transportation is also available to Menlo Park and Woodbridge Center on Wednesdays rotating every week. Bus schedules are available at the John T. Gregorio Recreation Center or from the bus driver.

Linden Emergency Response System

What can an elderly, handicapped, medically disabled, socially isolated person do when faced with an emergency? For a minimal monthly monitoring fee, they can subscribe to the Linden Emergency Response System (LERS). In the event of an emergency, the subscriber would push a button on a wireless, pocket-size transmitter. This signals the central receiving station.

If you, or someone you know, could benefit from this service, please call the John T. Gregorio Recreation Center, 908-474-8627, for an application.

Exercise Room

The Exercise Room at the Gregorio Center is open to Linden adults, Monday-Friday, 7:00 am to 4:30 pm. All participants should consult with a physician prior to use and are required to complete a waiver form. Residents must be 18 years of age or older. Call the Center at 908-474-8627 for further information. There is a \$20.00 fee. Senior Citizens are free.

Library

The John T. Gregorio Recreation Center offers a free library for all Linden Senior Citizen residents. Included in the library are various current magazines and books. The library is open Monday through Friday, 7:00 am – 4:30 pm. Residents are permitted to borrow all available reading materials.

Congregate Meals

The Union County Nutrition Program for the elderly provides a hot midday meal Monday – Friday at the John T. Gregorio Recreation Center, 330 Helen St. A \$1.75 donation is suggested. The meal is served 12:00 noon daily. Please call 24 hours in advance for your reservation 908-474-8629. Persons must be 60 years of age or older to participate in this program. For further information, please call 908-474-8627.

Woodshop Studio

A fully equipped woodshop is available to Linden senior citizens on Monday and Tuesday mornings from 9:00 am to 12:00 pm at the John T. Gregorio Recreation Center. Safety instructions will be given on the proper use of various machinery, such as table saw, drill press, jigsaw, etc.

*No one is permitted to use the facility on their own. There must be at least two people in the studio at any time.

Activities & Programs

Craft Classes

The Linden Department of Public Property and Community Services announces FREE Senior Citizen Craft Classes held at the John T. Gregorio Center.

For further information call: 908-474-8627.

Knitting for a Cause

Do you have free time that you would like to donate to a worthy cause? Would you like to meet new friends? All ages – young adults through senior citizens. We have formed a group with a basic knowledge of knitting and crocheting, to make lap blankets for veteran and nursing homes. Feel free to stop in any Tuesday from 10:00am – 12:00pm.

Bowling League

Senior Citizen Mixed Bowling League, September through June, Thursday mornings, 10:00am, Linden Lanes, Stiles Street.

Woodcarving Classes

Woodcarving is taught on Wednesday mornings from 9:00am to 12:00pm. Participants learn woodcarving, whittling, and wood chipping techniques.

Class size is limited. Call the John T. Gregorio Center at 908-474-8627 to register.

Program Du Jour

Held daily in the Nutrition Room - John T. Gregorio Recreation Center - this program offers residents the opportunity to participate in a pre-nutrition program, from 11:00 am – 11:45 am. Programs include: bingo, card games, sing-alongs, movies, forums, and kaffee klatches. Join us for the Program Du Jour and plan on staying for lunch.

Retired and Senior Volunteer Program

The Retired and Senior Program is a County program that provides an opportunity for retired people to volunteer their services throughout the community. If you would like to volunteer, applications are available at the John T. Gregorio Recreation Center.

A SPECIAL THANK YOU...We have many **VOLUNTEERS** whose valuable time and energy is utilized for the Nutrition Program, City and County Programs, as well as volunteering in hospitals and the local nursing home. **THANK YOU!!!**